

ROSE ALCHEMY



YOUR
WORKBOOK
FOR ROSE 1

BY SANDY HUMBY

ROSEALCHEMY.COM



A MESSAGE FROM SANDY

WELCOME TO ROSE 1

Well a huge Rosy welcome from me and the Roses!... I do hope you will enjoy your journey through the beautiful inspirational energies of the Rose 1 class.

The 11 Roses (R1-R11 in the Oracle) that form Rose 1 and the Chakra Healing Grid are the original 11 Roses that spoke to me and called to come together following my visit to The Alhambra in Granada Spain in April 2010. These 11 Roses form the very foundation of The Way of The Rose, a path of Divine Feminine Love and Wisdom...

I will be sharing an over view of this Ancient Way and what I understand to be the origin and background of the Rose story and the lineage of light.. as well as the wonderful power of the Rose and Her healing balm for the Soul and why She is becoming more visible once more.

Through our 4 weeks together you will have the opportunity to connect with and explore each of the 11 Rose frequencies in turn, to see what they have to share. The Rose 1 class is an invitation to attune your energy to the Beauty, Truth and Pure Love at the heart of each of the Rose codes... and to tune in to her whispered message that is just for you.

Sandy

SANDY HUMBY
RoseAlchemy.com



THE ROSE HEALING GRID

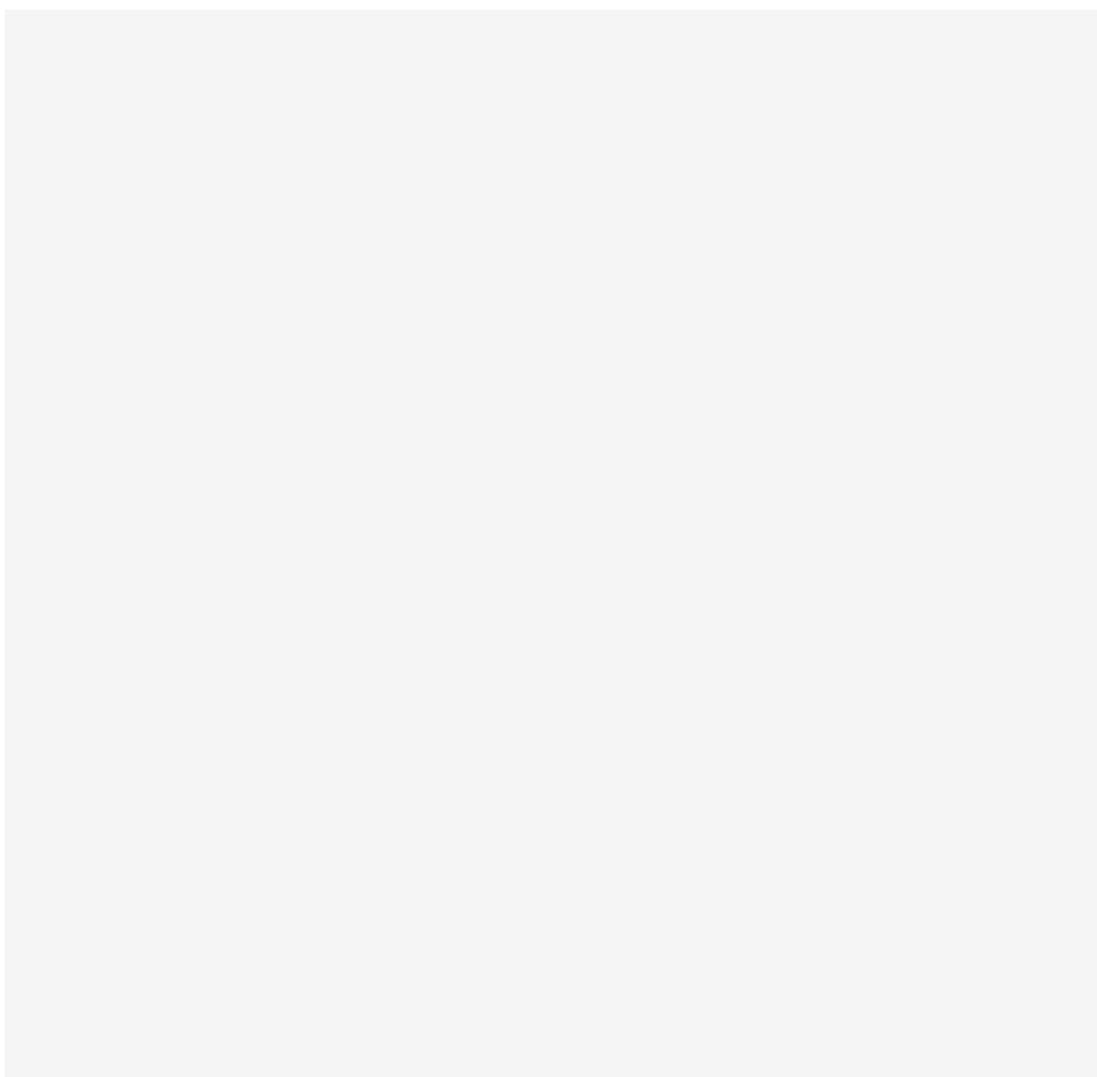


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ROSE 1 WEEK 1

YOUR NOTES





ROSE 1 - BASE CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 1?

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ROSE 2 - AJNA OR THIRD EYE CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 2?

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ROSE 3 - SPLEEN CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 3?

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ROSE 4 - LIVER CHAKRA



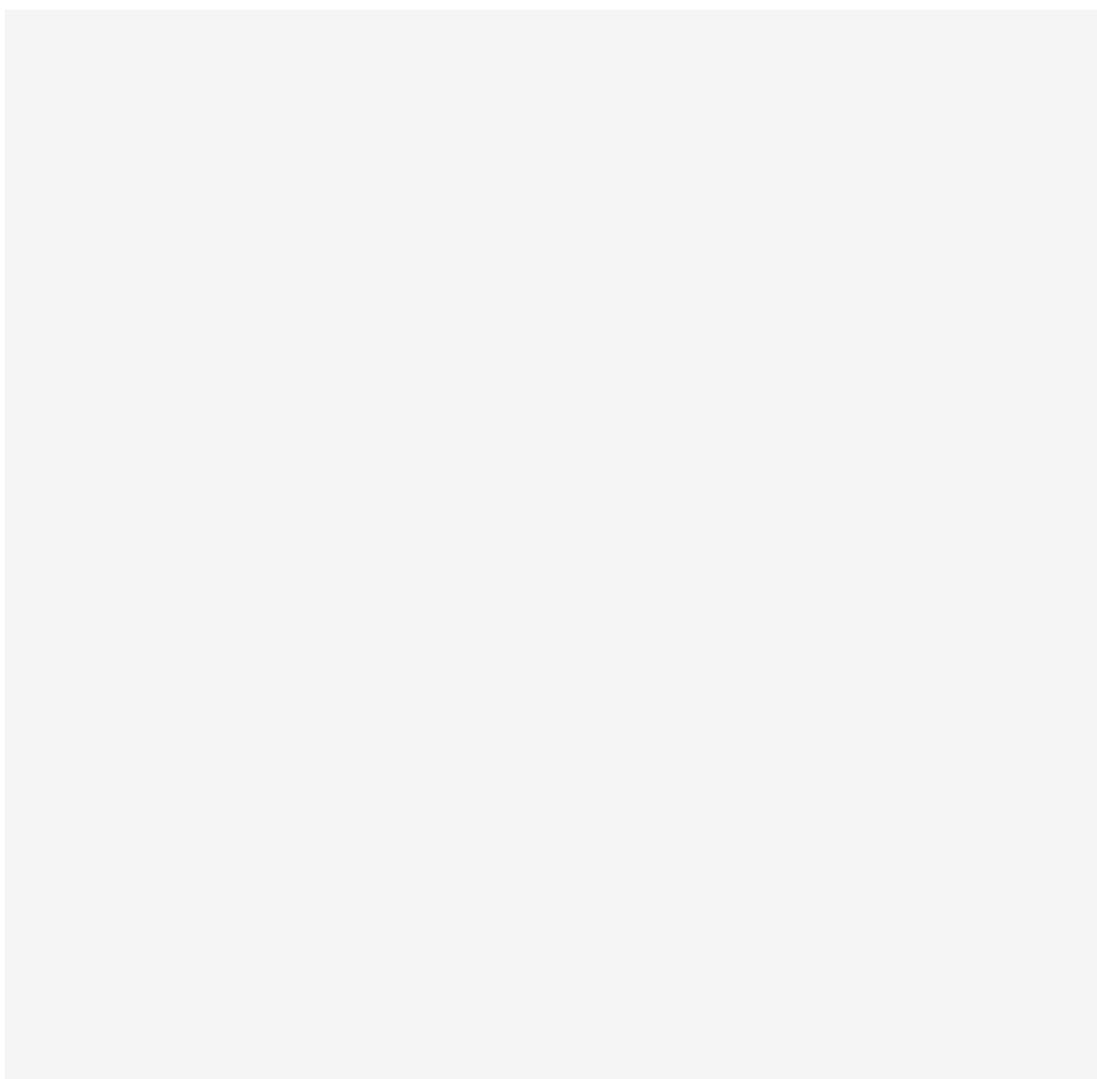
WHAT DID YOU EXPERIENCE WITH ROSE 4?

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ROSE 1 WEEK 2

YOUR NOTES





ROSE 5 - THROAT CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 5?

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ROSE 6 - SACRAL CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 6?

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ROSE 7 - BACK SOLAR PLEXUS CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 7?

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ROSE 8 - BACK HEART CHAKRA



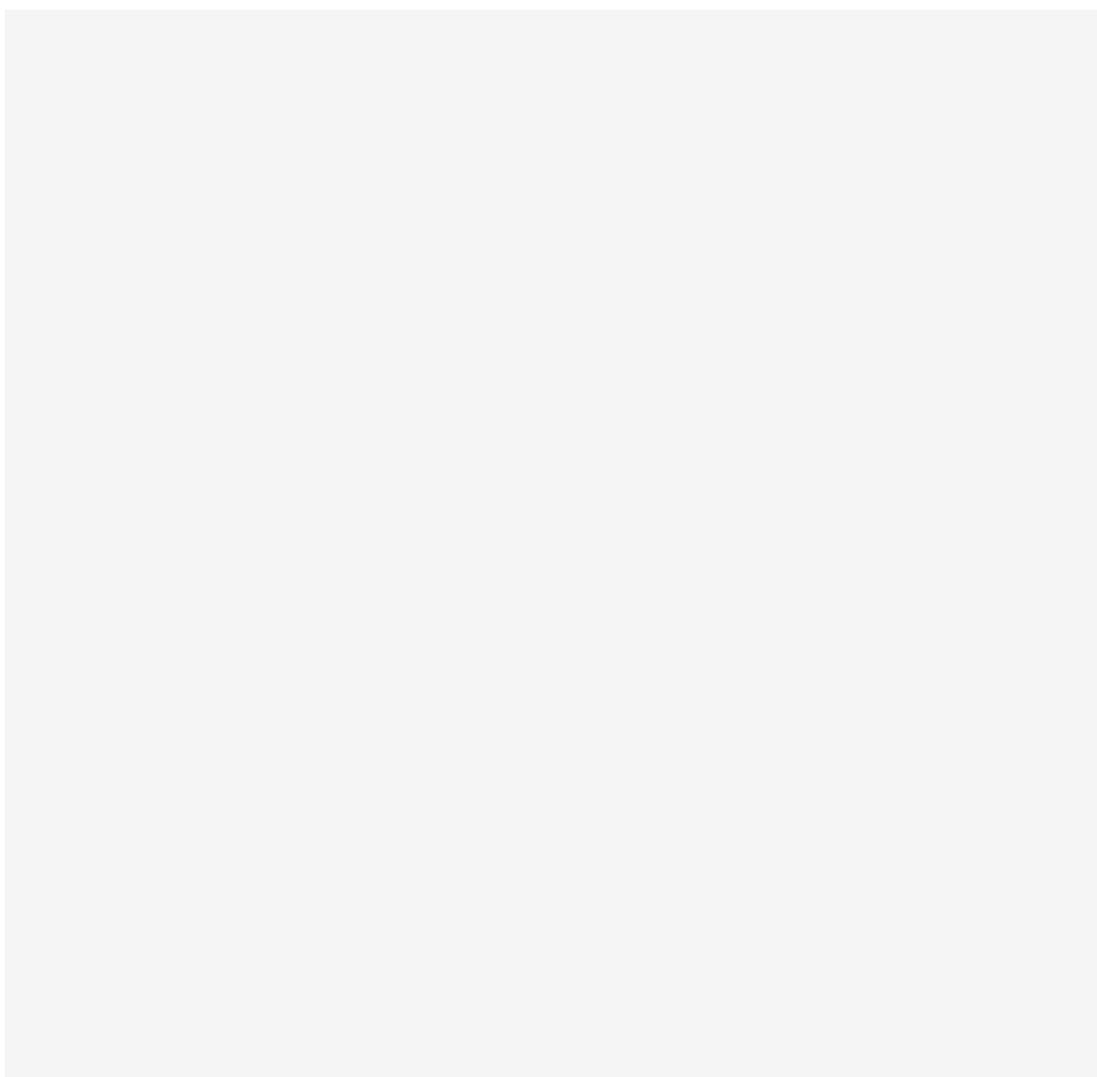
WHAT DID YOU EXPERIENCE WITH ROSE 8?

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ROSE 1 WEEK 3

YOUR NOTES





ROSE 9 - FRONT SOLAR PLEXUS CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 9?

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ROSE 10 - NAVEL CHAKRA



WHAT DID YOU EXPERIENCE WITH ROSE 10?

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ROSE 11 - HEART AND CROWN CHAKRAS



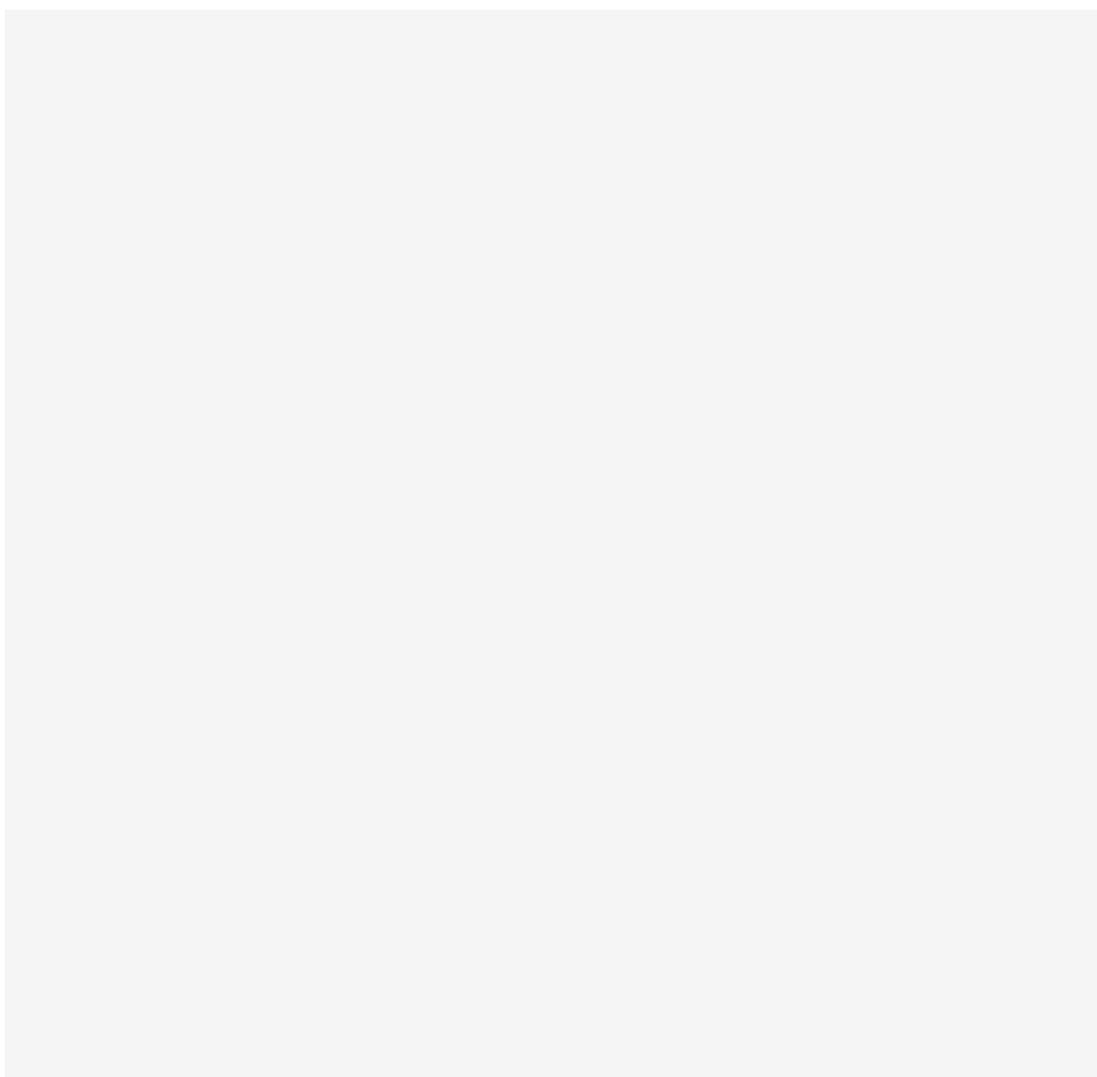
WHAT DID YOU EXPERIENCE WITH ROSE 11?

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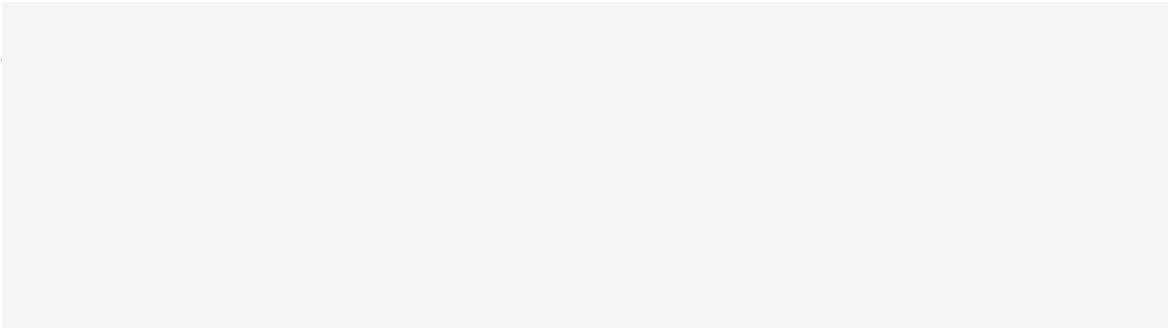
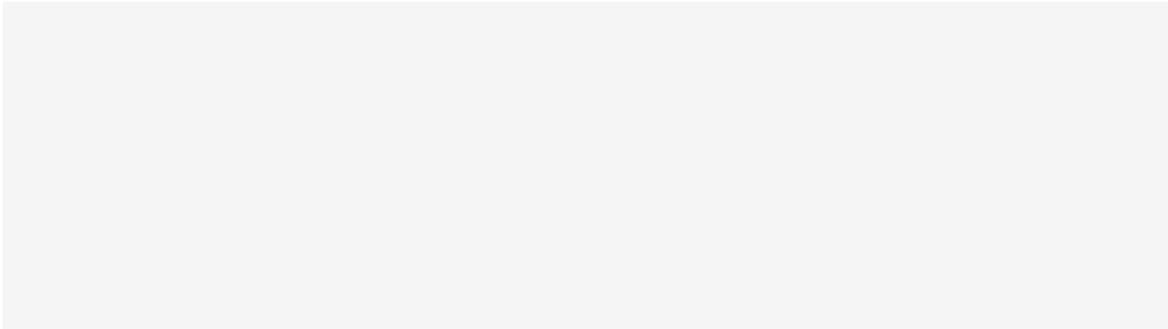
ROSE 1 WEEK 4

YOUR NOTES





THE COMPLETE ORACLE





THE ROSE HEALING GRID



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**'THE ONLY
TRANSFORMER
AND ALCHEMIST
THAT TURNS
EVERYTHING
INTO GOLD IS
LOVE'**

AN AIS NIN